



# What To Know

## Our Mission

*To serve and empower persons with developmental disabilities and their families to achieve their goals with community partners.*

We advocate for opportunities for persons with developmental disabilities to live to their full potential and experience inclusion in all areas of community life, from school and work to recreation.

## What Is The San Diego Regional Center?

SDRC is a starting point for coordinating services for you or your loved one with developmental disabilities such as autism, intellectual disabilities, cerebral palsy, or epilepsy. We are one of 21 regional centers in California.

We are a state-funded, private nonprofit corporation that contracts with the California Department of Developmental Services to provide services to clients and their families in San Diego and Imperial Counties.



Let us help you or your loved one get the support you need.

**San Diego County**  
(858) 576-2996

**Imperial County**  
(760) 355-8383

San Diego Regional Center  
4355 Ruffin Road, San Diego, CA 92123  
[www.sdrc.org](http://www.sdrc.org)



# Our Services



**S | D | R | C**

San Diego Regional Center

Serving Individuals with Developmental Differences  
in San Diego and Imperial Counties



### Who May Be Eligible For SDRC Services?

Residents of San Diego or Imperial Counties may be eligible for services if diagnosed with a developmental disability before age 18, constitutes a substantial handicap, and is expected to continue throughout life.

#### *These developmental disabilities include:*

- Intellectual Disability
- Cerebral Palsy
- Epilepsy
- Autism
- Other conditions similar to intellectual disabilities that require treatment comparable to that required by persons with intellectual disabilities

### What Services Can Regional Center Provide?

- Intake and eligibility determination
- Assessment, diagnosis, evaluation, and counseling
- Development of an Individual Program Plan (IPP) and coordinated services
- Purchase of services to meet IPP objectives
- Advocacy for the protection of legal, civil, and service rights
- Resource development, program evaluation, and community education
- Public information and training

### Client Services



A service coordinator (SC) is assigned to every San Diego Regional Center client. The service coordinator arranges for all services the regional center provides and answers any questions or concerns. The services are individualized according to your needs and desires. SCs assist families in finding solutions to these specific needs.

### How Do I Apply?

#### STEP 1

Call San Diego Regional Center's Intake Services at **858-576-2938**.

An Intake Coordinator will explain our services and collect information regarding the applicant. An adult applicant, parent, conservator, or guardian must submit a formal application.

#### STEP 2

The applicant and family will be invited for an intake and assessment interview to determine eligibility. Additional information about the applicant will be gathered at this time.

The meeting provides an overview of the intake process and services available through SDRC. Eligibility will be determined within 120 days for all individuals ages three and up.

#### STEP 3

If eligible for SDRC services, a meeting will be scheduled to develop an individualized program plan (IPP). Non-eligible clients will be referred to other appropriate agencies.



### Fees

Intake, diagnosis, and assessment services are free. Parents of minors residing in 24-hour residential care outside the home will be assessed a fee based on their income.

### Does Regional Center Pay For Services?

Regional Center is the payor of last resort and may pay if no other generic service, Medi-Cal, or private insurance can provide the service.

#### *Some examples include:*

- Residential Services - group homes, ILS, SLS, AFHA
- Adult Day Services – day programs, work programs, internship programs
- Self Determination – allows participants to have more control in developing their service plans and selecting service providers to better meet their needs
- Behavior Services
- Infant Development Programs
- Transportation Services
- Respite Services
- Social/Recreational Services