

The following agencies are available to discuss providing initial Person Centered Planning services to the **selected** Self Determination Participants. These agencies/staff have received training in or have experience with Person Centered Planning. **The San Diego Regional Center (SDRC) does not endorse any of the below agencies, and they have been listed in alphabetical order.** SDRC does not have information about their process, output, or rates. Please contact them to discuss individual needs. We will continue to add other resources as we become aware of them.

- **A Better Life Together**
Kimberly Mills kmills@ABETTERLIFETOGETHER.ORG
Clyde Williams cwilliams@abetterlifetogether.org
Office Number (619) 741-1548
- **The ARC of San Diego**
Alisa Dean, Senior Director of Adult Day Services
Office: (619) 685-1175 ext. 241 ADean@arc-sd.com
- **Beacons, Inc.**
General Inquiries: BeaconsNorthCounty@gmail.com
Telephone Number: (760) 448-6230
Facilitators/Guides:
Lucile Lynch, LLynch@BeaconsNorthCounty.com
Janet Schenker, JSchenker@BeaconsNorthCounty.com
- **Community Interface Services (CIS)**
Chris Lubinski, Special Projects Director
760-729-3866 clubinski@communityinterfaceservices.org
[OR](#)
Christine Sheppard, Program Director
760-729-3866 cshppard@communityinterfaceservices.org
- **Creative Support Alternatives** in collaboration with SDSU Interwork Institute
Kristoffel van de Burgt, Director San Diego 619-723-6797 kvandeburgt@mail.sdsu.edu
- **The Institute for Effective Education (TIEE)**
Sheryl Bobroff, Director of Vocational & Adult Services
sbobroff@tiee.org; 619-243-1747
- **Lifeworks**
Beth Gallagher, Director/CEO beth@lifeworks-sls.com
- **Mountain Shadows Outreach Program**
Arlene Galvan, Director of Development 760-743-3714, X107 agalvan@mtnshadows.org
- **Maria Emperatriz Ruiz-Merroth, M.Ed.** (Speaks Spanish)
(949) 326-6612 merroth@yahoo.com