

# SELF-DETERMINATION

UPDATE APRIL 12, 2019

## Self -Determination Orientations Begin

Individuals from Regional Centers and their Local Advisory Committees recently completed training on conducting the Self-Determination Program (SDP) Orientation. Regional Centers have 60 days from March 16, 2019 to begin conducting Orientation sessions for the newly selected SDP participants. Individuals must complete an Orientation prior to participating in SDP. For information regarding SDP Orientation in your community, contact your local Regional Center or attend a Self-Determination Local Advisory Committee meeting.



## Meet Kim!

Kim is served by San Diego Regional Center and was selected to participate in SDP. Kim says "I am ecstatic, I have been waiting since the 90's for Self Determination to start... I am excited to be participating in it and seeing how I can think more out of the box instead of the traditional services..." Her first step will be a Person Centered Plan. Prior to participation in SDP, a potential participant may request person-centered planning services, in addition to those provided by the regional center, to assist with the comprehensive planning to inform the development of the IPP. Contact your Regional Center for more information or read the DDS correspondence on initial person-centered planning services at <https://www.dds.ca.gov/SDP/docs/personCenteredPlanning.pdf>

## Question of the Day

**Q:** Can family members be paid to be the Independent Facilitator?

**A:** The parent of a minor child cannot be paid to be the Independent Facilitator for that child but can act as the unpaid Independent Facilitator for that child. The parent of an adult can be paid to be the Independent Facilitator for that adult participant. The spouse of an adult participant cannot be paid to be the Independent Facilitator for that participant. All other family members can be paid to be the Independent Facilitator.

Read more about Independent Facilitator at <https://www.dds.ca.gov/SDP/docs/sdpIndependentFacilitator.pdf>

## WANT MORE INFORMATION ABOUT SELF -DETERMINATION?

- ◆ Visit the Self-Determination Page of the DDS website at <https://www.dds.ca.gov/SDP/>
- ◆ Attend a Self-Determination Local Advisory Committee Meeting, contact your Regional Center or Local State Council on Developmental Disabilities Regional Office