

EMPLOYMENT First Contacts:

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SAN DIEGO REGIONAL CENTER OFFICE LOCATIONS

Main Headquarters

4355 Ruffin Road, Suite 200
San Diego, CA 92123
858-576-2996
www.sdrc.org

East San Diego County

8760 Cuyamaca Street, Suite 100
Santee, CA 92071
619-596-1000

South San Diego County

2727 Hoover Avenue, Suite 100
National City, CA 91950
619-336-6600

North San Diego County

5931 Priestly Drive, Suite 100
Carlsbad, CA 92008
760-736-1200

Imperial County

512 West Aten Road
Imperial, CA 92251
760-355-8383



SAN DIEGO
REGIONAL CENTER

Serving Individuals with Developmental Disabilities
in San Diego and Imperial Counties

DEPARTMENT OF REHABILITATION

The DOR provides consultation, counseling and vocational rehabilitation, job development, job coaching, working with community partners to assist the people they serve. Learn more about DOR services at www.dor.ca.gov or call:

San Diego County Offices

San Diego District Office

619-767-2100 (Voice)
844-729-2800 (TTY)

East County Branch

619-667-5649 (Voice)
844-729-2800 (TTY)

San Marcos Branch

760-510-4705 (Voice)
844-729-2800 (TTY)

South County Branch

619-426-8720 (Voice)
844-729-2800 (TTY)



Employment First



Facts about

California's Employment First Policy

California's Employment First Policy was signed into law in October of 2013, by Governor Brown. www.dds.ca.gov

Competitive employment is finding a job within the community where you are paid about the same as other people doing the same job and at least minimum wage. It could also be working for yourself in your own small business.

Information about the Employment First Policy can be found on the website of the State Council on Developmental Disabilities (www.scdd.ca.gov) as well as the Department of Developmental Services (www.dds.ca.gov).

Employment & Your Individual Program Plan (IPP)

When you plan with your service coordinator around employment opportunities, the first option that will be considered is competitive integrated employment. Competitive work is a real choice. Your service coordinator can help you find resources in the community to support your employment goals.

Supported Employment

Adults who want to work may be eligible for Supported Employment services. Supports could include job development, transportation training, paid internships, and specialized job training. With initiative and the right supports and opportunities, people with developmental disabilities can work. They can succeed at a job, earn a good wage, meet people on the job, and be more a part of their community.

Employment First

The decision about whether or not Supported Employment is the right service is made by the planning team. The adult, his or her service coordinator, the Department of Rehabilitation and other members of the planning team work together to create an agreement about the supports that might be most helpful. Supported Employment can be provided in individual or group settings, depending upon the needs, interests, talents and skills of the person.

Self-Employment

Self-employment options include micro-enterprises. These are small business ventures that reflect the unique skills and talents of a person. The IPP planning team often helps support the development of the business.

Options Other than Employment

If employment isn't right for you, talk to your service coordinator about other options.

Getting Help from Your Family Members

- Talk to your family about the type of work that you might like.
- Explore training ideas in the community such as adult education or college with their help.
- Invite your family members to your IEP and IPP meetings.

Is College Right for You?

San Diego Regional Center has been working with local colleges to enhance employment training programs that serve people with developmental disabilities. Talk to your service coordinator to find out if a local program can help you reach your education or employment goals.

With initiative and the right supports and opportunities, people with developmental disabilities can work. They can succeed at a job, earn decent pay, meet people on the job, and be more a part of their community.

