

DIRECTIONS FOR CONSUMER HEALTH RECORD

The health record is provided for the care provider to enter notes when:

1. The consumer becomes ill, e.g., colds, fever, diarrhea, or is involved in an accident. It is helpful to describe symptoms and changes that occur with the consumer and the actions that were taken, e.g., temperature taken and recorded, medication ordered by physician given, physician contacted, taken to hospital, etc.
2. The consumer goes to routine or regularly scheduled appointments to the doctor, dentist, or any health agency, e.g., California Children's Service, clinics, etc.

The health record is also provided for the physician to enter notes regarding observations and recommendations for care of the consumer. Therefore, the care provider needs to ensure that the health record clearly states the health care provider's recommendations and instructions for follow up care.