

## ELIGIBILITY

For additional information or to apply for California Early Start or Regional Center services, please contact:

### SAN DIEGO COUNTY

San Diego Regional Center  
4355 Ruffin Road, Suite 200  
San Diego, CA 92123  
858-496-4318 Early Start Intake  
858-576-2938 Regional Center Intake

### IMPERIAL COUNTY

San Diego Regional Center  
Early Start/Prevention/Regional Center Intake  
512 West Aten Road  
Imperial, CA 92251  
760-355-8383

SAN DIEGO REGIONAL CENTER  
4355 Ruffin Road, Suite 200  
San Diego, CA 92123  
858-576-2996  
858-576-2873 (fax)  
[www.sdrc.org](http://www.sdrc.org)

*A Service of San Diego-Imperial Counties  
Developmental Services, Inc.*



SAN DIEGO  
REGIONAL CENTER  
Serving Individuals with Developmental Disabilities  
in San Diego and Imperial Counties

Eligibility



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REGIONAL  
CENTER

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with Developmental Disabilities  
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# Facts about

## ***SAN DIEGO REGIONAL CENTER (SDRC)***

### **ELIGIBILITY**

- Residence in San Diego or Imperial County
- No financial qualifications
- Developmental Disability:
  - Intellectual Disability (Mental Retardation)
  - Cerebral Palsy
  - Epilepsy
  - Autism
  - Other conditions similar to intellectual disability (mental retardation)

**AND**

- Originated prior to age 18 years

**AND**

- Is likely to continue indefinitely

**AND**

- Constitutes a substantial disability in 3 or more of the following areas: *Communication; Learning; Self-Direction; Capacity for Independent Living; Economic Self-Sufficiency; Self Care; Mobility*

### **SERVICES**

Evaluation to determine eligibility.

Assessment to assist with program planning.

Development of the Individual Program Plan (IPP).

Case Management/Service Coordination.

Coordination of developmental disability services

which may include: *Residential Services;*

*Transportation; Nursing Services; Behavior*

*Intervention; Medical Services; Work Program;*

*Psychological Services; Respite; Physical Therapy*

(In order to process intake, SDRC must be contacted by the parent or legal guardian of a minor, the conservator, or the unconserved adult.)

### **TO REFER:**

San Diego County  
Imperial County

858-576-2938  
760-355-8383

## ***CALIFORNIA EARLY START PROGRAM***

### **ELIGIBILITY**

- Birth to age 3 years
- Residence in San Diego or Imperial County
- No financial qualifications
- Developmental delay in one or more of the following five areas: *Cognitive; Communication; Social/Emotional; Physical; Adaptive*
- 33% delay in at least one developmental area

**OR**

- Established Risk for developmental disability: Conditions known to cause delays in development (e.g. Down syndrome, Prader-Willi, Spina Bifida) Need not be demonstrating delays at time of referral.

**OR**

- At risk for developmental disability (two or more factors):
  - Less than 32 weeks gestation and/or birth weight less than 1500 grams
  - Assisted ventilation for 48 hours or longer during first 28 days of life
  - Small for Gestational Age
  - Asphyxia neonatorum
  - Severe and persistent metabolic seizures during the first 3 years of life
  - Neonatal seizures or nonfebrile seizures during the first 3 years of life
  - CNS lesion or abnormality
  - CNS Infection
  - Biomedical insult (injury, accident or illness) which may affect developmental outcome
  - Multiple congenital anomalies

- Prenatal exposure to teratogens
- Prenatal substance exposure, positive tox screen or withdrawal
- Clinically significant failure to thrive
- Persistent hypertonia or hypotonia

**OR**

- Parent of the infant/toddler is a person with a developmental disability

### **SERVICES**

Evaluation in the five areas of development to determine eligibility.

Development of an Individualized Family Service Plan (IFSP), including age 3 transition planning.

Coordination of required Early Intervention services based on the needs of the child. Services may include:

*Assistive Technology; Audiology Services; Family Training, Counseling, Home Visits; Health Services; Medical Services (evaluations for early intervention services); Nursing Services; Nutrition Services; Occupational Therapy; Physical Therapy; Psychological Services; Service Coordination; Sign Language/Cued Language Services; Social Work Services; Special Instruction; Speech and Language Pathology; Transportation and Related Costs; Vision Services*

### **TO REFER:**

San Diego County  
Imperial County

858-496-4318  
760-355-8383