

Senior Programs

AC programs geared toward seniors **50 years and over**. Activities are similar to non-disabled seniors and include integration into established community senior programs. Some programs can be attended part-time. Ratios of staff to consumers are in parenthesis.

Arc-SD-Arrow Center, 3035 G St., San Diego 92102 **(1-3)** - (619) 233-8855*

Arc-SD-East County, 1374 E. Lexington Ave., El Cajon 92019 **(1-3)** - (619) 444-9417*

Arc-SD-North County Training Center, 1221 Ridge Rd., Vista 92083 **(1-3)** - (760) 726-2250*

Arc-SD-North Shores, 9575 Aero Dr., San Diego 92123 **(1-3)** - (858) 571-0881*

Arc-SD-Starlight, 1280 Nolan Ave., Chula Vista 91911 **(1-3)** - (619) 427-7524*

Opportunities Unlimited, 1718 E Valley Pkwy., #J, Escondido 92027 **(1-6)** - (760) 747-5112*

St. Madeleine Sophie's, 2119 E. Madison Ave., El Cajon 92019 **(1-6)** - (619) 442-5129*

**licensed day program*

Residential Care Facilities for the Elderly

The following are the Residential Care Facilities for the Elderly (RCFE's) that are vendored to SDRC. They sometimes have residents that are not developmentally disabled. They are licensed for **60 years and over**, but sometimes a licensing waiver can be obtained for a younger individual, whose needs are compatible with the residents in the home. A day program is not required. *Contact your Regional Center Service Coordinator if interested in one of these homes.*

Corvilla Home (H85723) - Escondido, CA 92027

Evergreen Villa (HQ0133) - Escondido, CA 92025

Julie's Guest Home (HQ0365) - San Diego, CA 92126

Lexington House (HQ0065) - El Cajon, CA 92021

RJ Homes of La Jolla (HQ0113) - San Diego, CA 92037

TCB RCFE (HQ0421) - San Diego, CA 92114

Vista Royal Assisted Living Home (HQ0323) - Vista, CA 92084

The Country Club Guest Home (HQ0528) - Escondido, CA 92026