

Message from the San Diego Regional Center
Regarding Respite Services

This message is to inform our San Diego and Imperial counties' communities about an important change in the law (the repeal of Welfare and Institutions Code section 4686.5). Currently, regional centers cannot purchase more than 90 hours per quarter of in-home respite and cannot purchase more than 21 days of out-of-home respite for a family, unless an exemption is granted. Effective **January 1, 2018**, these limits on the purchase of respite services will no longer apply.

Because of this change in the law, the San Diego Regional Center will revise its respite services purchase of service policies and they will be effective **January 1, 2018**.

In-home respite services are intermittent or regularly scheduled temporary non-medical care and supervision provided in the family's own home and designed to relieve family members from the constantly demanding responsibility of caring for a client; assist family members in maintaining the client at home; provide appropriate care and supervision to protect the client's safety in the absence of family members; and, attend to the client's basic self-help needs and other activities of daily living, including interaction, socialization, and continuation of usual daily routines which would ordinarily be performed by family members.

The planning team makes the decisions about respite services as a part of the Individual Program Plan discussions. If you are interested in respite services please contact your San Diego Regional Center service coordinator for more information.