

SERVICES

Once you or your child becomes a client of SDRC, we will work as a true partner from your or your child's initial diagnosis to ongoing supports through your or your child's life. The services we provide or fund are:

- ◆ Assessment or diagnostic evaluations
- ◆ Early Intervention Services for children and their families from birth through 3 years of age
- ◆ Case management or service coordination
- ◆ Development of an Individual Program Plan
- ◆ Transition planning services
- ◆ Licensed residential placement services
- ◆ Independent living services
- ◆ Supported living services
- ◆ Supported employment services
- ◆ Adult day training activities
- ◆ Consultant evaluations or services, as needed
- ◆ Advocacy for the protection of legal, civil, and service rights
- ◆ Behavioral services
- ◆ Respite
- ◆ Information and Referral services

MAIN OFFICE LOCATION AND SERVICES

4355 Ruffin Road, Suite 200
San Diego, CA 92123
858-576-2996
www.sdrc.org

Intake Unit 858-576-2938

Administrative Services
Clinical Services
Community Services
Case Management Services
San Diego Information System (SANDIS)

LOCATIONS OF SAN DIEGO AND IMPERIAL COUNTIES OUTREACH OFFICES

Case Management
8760 Cuyamaca Street, Suite 100
Santee, CA 92071
619-596-1000

Case Management
2727 Hoover Avenue, Suite 100
National City, CA 91950
619-336-6600

Case Management
5931 Priestly Drive, Suite 100
Carlsbad CA 92008
760-736-1200

Case Management
512 West Aten Road
Imperial, CA 92251
760-355-8383



SAN DIEGO
REGIONAL CENTER

Serving Individuals with Developmental Disabilities
in San Diego and Imperial Counties

INTAKE SERVICES



Intake Services

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Facts about



*Greetings from Intake
San Diego Regional Center (SDRC)
welcomes you to the Intake Unit for
individuals 3 years and over. You may
have concerns about someone you
care deeply about or perhaps yourself
and are seeking information related
to access to services. You may want
to know more about developmental
disabilities, SDRC eligibility, the
Intake Process, and resources in the
community. Regardless of potential
eligibility, we want to support and
educate you to better assist you during
this time of need.*

ELIGIBLE DEVELOPMENTAL DISABILITIES

The term “developmental disability” describes a group of conditions that include intellectual disability, epilepsy, cerebral palsy, autism, and conditions that require treatments similar to that provided to persons with an intellectual disability. A developmental disability must have occurred prior to age 18, and the condition must be substantially impacting and lifelong in nature.

- ◆ Intellectual Disability (previously known as mental retardation) is a term used when a person has certain limitations in mental function and adaptive skills. The limitations will cause a child to learn and develop more slowly than a typical child.
- ◆ Cerebral Palsy (also known as CP) is a disorder that affects body movement and muscle coordination. It can be caused either when the brain does not develop properly during pregnancy or if there is damage to the brain before, during, or after birth.
- ◆ Epilepsy is a neurological disorder that is characterized by recurrent seizures. Seizures may involve partial or complete loss of consciousness, uncontrolled body movements, excessive sleepiness, and loss of memory.
- ◆ Autism is a disorder that affects an individual's ability to communicate, understand language, play, and relate to others. A diagnosis of autistic disorder is made when an individual displays 6 or more of 12 symptoms across three major areas (a) social interaction, (b) communication, and (c) behavior according to the DSM IV (Diagnostic and Statistical Manual of Mental Disorders).

INTAKE SERVICES

In order for you or your child to receive SDRC services, we will initiate our intake process to determine if you or your child meets any of the above listed eligible conditions. We usually look into your or their social, medical, and psychological history to get a clear picture of your or their situation. The information may come from outside sources or face-to-face interviews. There is no cost to you or your family for any of the services or testing provided during the Intake process. Below is a step-by-step overview of the Intake process:

Step 1: The applicant or, in the case of a minor child or conserved adult, the parent or conservator needs to inform SDRC that they wish to apply for Regional Center services.

Step 2: We recommend that you supply the following: school records and/or assessments, private psychological evaluations or pertinent medical records (preferably pre-age 18 records).

Step 3: You will have an opportunity to speak with an Intake service coordinator to help determine if SDRC is an appropriate agency to apply for services.

Step 4: You and/or your child will attend an Intake interview or diagnostic evaluations, as needed.

Step 5: An Eligibility Team will review the applicant's current assessments. Once a decision has been made, the service coordinator will contact you to inform you about your or your child's eligibility status and the team's recommendations.