

WHAT HAPPENS AT AGE 3?

SDRC will facilitate a smooth, family friendly transition when a child no longer requires prevention services or turns 3. Exit planning may include the following:

- Obtain necessary parental consent to provide information to other agencies in their determination of eligibility
- Initiate a referral to appropriate school districts
- Make referrals to other generic resources (Head Start, preschools, etc.)
- Provide evaluation and assessment to determine eligibility for ongoing SDRC services



For additional information or to apply for the Prevention Program, please contact:

SAN DIEGO COUNTY—San Diego Regional Center
4355 Ruffin Road, Suite 200
San Diego, CA 92123-1648
858-496-4318 Prevention Intake

IMPERIAL COUNTY—San Diego Regional Center
512 West Aten Road
Imperial, CA 92251-9718
760-355-8383 Prevention Intake

SAN DIEGO REGIONAL CENTER
4355 Ruffin Road, Suite 200
San Diego, CA 92123-1648
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*A Service of San Diego-Imperial Counties
Developmental Services, Inc.*

A Guide to San Diego Regional Center's PREVENTION PROGRAM



SAN DIEGO
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Serving Individuals with Developmental Disabilities
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Prevention Program

FACTS ABOUT SAN DIEGO REGIONAL CENTER (SDRC) AND PREVENTION

Many parents have questions and concerns about their baby's growth and development, even when everything goes well. When there have been problems during the pregnancy, delivery or during the first few months, parents worry about how their baby will develop.

WHAT IS THE PREVENTION PROGRAM?

The purpose and primary focus of the SDRC's Prevention Program is to provide intake services, assessment, case management and referral to generic resources for infants and toddlers, ages birth to 3 years of age who are at high risk for developmental delays.

There are no financial qualifications for the Prevention Program and services are provided at no cost to families.

EXPECTED DEVELOPMENT

Smiling..... birth to 2 months
Rolling Over 3 to 4 months
Sitting Alone..... 5 to 6 months
Pull to Stand..... 7 to 9 months
Standing 10 to 12 months
Walking 13 to 15 months
Single Words 16 to 18 months
Sentences..... 24 months

WHICH CHILDREN ARE ELIGIBLE?

Children are eligible for the Prevention Program when they meet the following criteria:

- Birth to 3 years
- Resident of San Diego or Imperial County
- The infant or toddler has two or more of the following:
 - Born at less than 32 weeks gestation and/or weight less than 1500 grams
 - Assisted ventilation for 48 hours or longer during first 28 days of life
 - Small for gestational age
 - Asphyxia neonatorum
 - Severe and persistent seizures during the first three years
 - Neonatal seizures or nonfebrile seizures during the first three years
 - CNS lesion or abnormality
 - Biomedical insult which may effect developmental outcome
 - Multiple congenital anomalies
 - Prenatal exposure to teratogens
 - Prenatal substance exposure, positive tox screen or withdrawal
 - Clinically significant failure to thrive
 - Persistent hypertonia or hypotonia

OR

- The parent of the child is a person with a developmental disability

OR

- For children 24 to 35 months, the SDRC determines that the toddler has a 33 to 49% delay in one of the following areas:
 - Cognitive ◦Self-Help/Adaptive
 - Physical ◦Social/Emotional
 - Communication

HOW CAN THE PREVENTION PROGRAM HELP CHILDREN AND THEIR FAMILIES?

Each eligible child will be assigned a service coordinator to monitor the development of the child.

The service coordinator will also assist with referrals to generic resources available in the community based on the individual family and child's needs. The service coordinator will take an active role in supporting families to access the services for which they may be eligible.

Each child and family will have a Prevention Program Plan (PPP) developed which outlines the resources available to them and activities to help their child.

WHAT TYPES OF GENERIC RESOURCES ARE THERE?

There is a wide range of generic resources available in the community. Here are a few:

- First 5 California
- Healthy Families
- Public Health Nurses
- Parent Support Groups

WHAT IS A PREVENTION PROGRAM PLAN?

Upon determination of eligibility for the Prevention Program, and in collaboration with the child's parents and family, a written Prevention Program Plan (PPP) will be developed. The PPP will include the following:

- Factors supporting eligibility
- Date of the PPP and service coordinator's name
- Frequency of contact
- Identification of resources and referrals
- Type and frequency of developmental monitoring
- Additional services the child/family may need